

# Books

## Two Books **For Moms**

*Secrets of an Organized Mom* starts with Barbara's 10 commandments of organizing before taking readers room by room to help guide the organizational process. This is not a book about doing it all; it's a book that understands you can't do it all and offers guidance on how to do things as effectively and painlessly as possible. Barbara provides tips on how to get organized, as well as anecdotes to help you laugh through the entire process. Barbara's tough love approach helps even the most disorganized find a system!

**Barbara Reich**  
Hardcover \$18.50  
[barnesandnoble.com](http://barnesandnoble.com)

Every year, tens of thousands of young children are diagnosed with sensory processing disorders—anxiety, AD/HD, autism, bipolar disorder and OCD—that make it difficult for them to absorb the external world. *The Sensory Child Gets Organized: Proven Systems for Rigid, Anxious, or Distracted* is a new way for parents to use organization, structure, and visual aids to support challenging sensory behaviors. It is the only book that teaches the parents of “sensory” kids how to organize and empower their children for greater success at home, at school, and in life. Dalglish offers guidance on:

- Understanding what makes your sensory child tick
- Figuring out how your child learns best – and then organizing his room and life to take advantage of these strengths.
- Tapping into structure, routines, and visual aids to connect with your child
- Preparing your child for social and school experiences
- Making travel a successful and fun-filled journey

**Carolyn Dalglish**  
Paperback \$12.64  
[barnesandnoble.com](http://barnesandnoble.com)

